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Titolo	Moods, emotions, and aging [[electronic resource]] : hormones and the mind-body connection / / Phyllis J. Bronson with Rebecca Bronson
Pubbl/distr/stampa	Lanham, : Rowman & Littlefield, c2013
ISBN	1-4422-4867-X 1-4422-2102-X
Descrizione fisica	1 online resource (193 p.)
Altri autori (Persone)	BronsonRebecca
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Soggetti	Hormones Women - Health and hygiene
Lingua di pubblicazione	Inglese
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Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	In defense of estrogen -- The truth about progesterone -- Mood chemistry -- The connection between body type and hormones -- Weaving the web : how hormones are central to the female psyche -- Sexuality -- Relationships -- Diseases of aging/adventures in aging.
Sommario/riassunto	Hormone Replacement Therapy is vital for women, and there is a lot of confusion about it in both the medical community and among women. This book presents the science behind bio-identical hormones and describes why these hormones are so important for women, especially at midlife.