

1. Record Nr.	UNINA9910779812203321
Autore	Rabin Claire Low.
Titolo	Equal partners - good friends : empowering couples through therapy / / laire Rabin
Pubbl/distr/stampa	London ; ; New York : , : Routledge, , 1996
ISBN	1-134-81938-2 1-134-81939-0 1-280-32067-2 9786610320677 0-203-42940-0
Descrizione fisica	1 online resource (295 p.)
Disciplina	616 616.89/156
Soggetti	Marital psychotherapy Man-woman relationships Sex role Dominance (Psychology) Communication in marriage Equality Friendship Marriage - Psychological aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. [264]-271) and index.
Nota di contenuto	Book Cover; Title; Contents; Acknowledgements; Introduction: a change in perspective; Gender, power and contemporary relationship tension; The egalitarian alternative. What is it? Is it worth the effort?; Friendship: the basic condition of equal partnership; Shared power: the road to mutual empowerment; Towards an integrative model of treatment goals for couples; Assessment; Types of couples seeking therapy; Creating an egalitarian therapeutic system; The treatment model: individual interventions and education about equality; Couple interventions Treatment of the traditional couple: putting the wife in charge Treatment of the transitional couple: overt and covert power

Sommario/riassunto

Marriage as an equal partnership is the goal of many couples in the western world today and yet equality is often limited by the ways that power and gender interact in the relationship, leading to dissatisfaction and ultimately the break up of the marriage. In *Equal Partners - Good Friends* Claire Rabin examines the connection between inequality in marriage and marital distress. Drawing on extensive research and personal interviews in the UK, USA and Israel, she stresses the role of friendship in establishing a truly equal relationship. Focusing on issues of gender, sex roles and power
