Record Nr.	UNINA9910779695003321
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Titolo	Psychoanalysis Online : Mental Health, Teletherapy, and Training / / Jill Savege Scharff
Pubbl/distr/stampa	London : , : Taylor and Francis, , 2018
ISBN	0-429-91783-X 0-429-90360-X 0-429-47883-6 1-299-45636-7 1-78241-065-1
Edizione	[First edition.]
Descrizione fisica	1 online resource (273 p.)
Collana	Library of technology and mental health
Disciplina	150.195
Soggetti	Psychoanalysis - Methodology Psychoanalysis - Technological innovations
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	pt. I. Technology, person, and society pt. II. Telephone and internet in treatment pt. III. Implications for training of psychotherapists and psychoanalysts.
Sommario/riassunto	"Psychoanalysis Online: Mental Health, Teletherapy and Training, edited by Jill Savege Scharff, MD, is an international collaboration by psychotherapists and psychoanalysts who consider the impact of virtual reality on our society and the uses of communications technology for analytic treatment and professional training. Having examined the impact of communications technology on mental health and relationships, the authors explore its use in analytical treatment conducted on the telephone and over the internet, and review its problems and possibilities. They provide a multi-faceted view of it, an ethical stance in relation to it, and evidence from which to judge its effectiveness. Looking into the future they imagine a time when technology-supported analytic treatment may be not only convenient as a supplement to in-person treatment but also preferable for some patients and therapists in various circumstances. Psychoanalysis Online: Mental Health, Teletherapy and Training invigorates the debate

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about technology and its responsible use in psychotherapy and
psychoanalysis and in distance learning programs for mental health
 professionals."Provided by publisher.