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Politics, ideology and faith: who needs evidence? Admitting the difficulties; Liberation methodology and research as a dirty word; 'It is too scientific'; Liberation, standard research practice or good manners?; Are researchers simply agents of neo-colonialism?; Logic, what logic?; Why do you think it works?; Conclusion: beyond incestuous amplification; 4 Self-efficacy beliefs: not so deficient after all?; Touching virtually every aspect of people's lives; What is perceived self-efficacy?; How is perceived self-efficacy developed?; Is perceived self-efficacy enough? Measuring perceived self-efficacy Implementation ... nearly; 'You would not survive three days here'; Programme impacts and beyond averages; Stating the bleeding obvious?; Participants and non-participants: spot the difference; Training peer leaders; Conclusions; Was it sport?; 5 Self-esteem: best taken in moderation; Why self-esteem, why sport?; Cultural relevance; A social vaccine?; Doing well and well-being; Measuring self-esteem; Social desirability bias; Self-selection and self-esteem; Participants and non-participants: beyond sport; Before-and-after surveys; Beyond averages Sex-related differences Self-esteem and five sport-for-development programmes: conclusions; The contingent nature of impacts: stating the obvious?; Perceived self-efficacy and self esteem: doing well and feeling good?; The approach and results: contingency again; Conclusions; 6 Sport-for-development, peer leaders and HIV and AIDS: a method in search of a theory?; Introduction; Knowledge, informed choice and the irrationality of sex; Knowledge, self-efficacy, expressed intention and sex; Peer leaders: symbolism, efficiency or effectiveness?; Arguments for peer education Peer education: who benefits?

Sommario/riassunto

Sport is increasingly regarded as a powerful tool in international development. In this comprehensive introduction to the area of 'sport-for-development', leading researcher Fred Coalter critically evaluates the strengths and weaknesses and successes and failures of sport-for-development policies and programs. Beginning with an outline of the historical development of policies of sport-for-development, this book explores the objectives that remain central to international sport-for-development initiatives, including issues of defining and measuring impacts, the development of s
