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Sommario/riassunto	People call it everything from "walking your dog" to "scratching your bean." Women usually do it at home. Men, it sometimes seems, do it everywhere. Some people think it's healthy; others think it is a sin that will send you straight to hell. But while many people declare that everyone's doing it, no one actually talks about it-outside the pages of Cosmo, masturbation is among the most taboo of topics, not suitable for polite society or public conversation.Mels van Driel boldly breaks this silence in order to help the world overcome its diffidence toward solo sex in With