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CAREER MEANING MAKING: SOME ESSENTIAL EXEMPLARS CAREER
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ABSTRACT INTRODUCTION; THE AUTONOMOUS SELF IN PSYCHOLOGY;
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CONNECTEDNESS: IMPLICATIONS FOR CAREER COUNSELLING;
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CONCLUSION; REFERENCES; CHAPTER 8 REFLECTION: A CONSTRUCTIVE
SPACE FOR CAREER DEVELOPMENT ; ABSTRACT; INTRODUCTION;
REFLECTION, REFLECTIVITY AND REFLEXIVITY; THE PROCESS, PURPOSE
AND BENEFITS OF REFLECTION
MODELS OF REFLECTION BEYOND KOLBA REFLECTIVE TECHNIQUE FOR
WORKING WITH CLIENTS; CONCLUSION; REFERENCES; CHAPTER 9
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PROCESS; ABSTRACT; INTRODUCTION; UNDERSTANDING CAREERS AS
PROCESSES; UNDERSTANDING HOW NARRATIVES ARE PRODUCED; THE
IMPORTANCE OF IN-THE-MOMENT EMOTIONS; THE SOCIAL NATURE OF
EMOTIONS; THE INTERPLAY BETWEEN AFFECT, COGNITION AND
BEHAVIOUR; CONCLUSION; REFERENCES; CHAPTER 10 QUALITATIVE
CAREER ASSESSMENT; ABSTRACT; INTRODUCTION; WHAT IS
QUALITATIVE CAREER ASSESSMENT?; QUALITATIVE CAREER
ASSESSMENTS: PROCESS AND OPTIONS
USING QUALITATIVE CAREER ASSESSMENT: EXCERPTS FROM THE CASE
OF STELLA

Sommario/riassunto

Vocational guidance fits industrial societies and career counseling suits corporate cultures. However, neither guidance nor counseling seems to be the best practice for career intervention in the global economy of the information era. Thus, the emergence of career construction theory for comprehending vocational behavior and life-design interventions to assist people in choosing an adapting to work roles. This book examines and elaborates on the structural elements assembled into models of self-making, career constructing, and life designing.
