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Sommario/riassunto	For many the idea of living off the land is a romantic notion left to stories of olden days or wistful dreams at the office. But for Sara Loewen it becomes her way of life each summer as her family settles into their remote cabin on Uyak Bay for the height of salmon season. With this connection to thousands of years of fishing and gathering at its core, Gaining Daylight explores what it means to balance lives on two islands, living within both an ancient way of life and the modern world. Her personal essays integrate natural and island history with her experiences of fishing and family life, a.

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