

1. Record Nr.	UNINA9910779498703321
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Titolo	Social class and classism in the helping professions [[electronic resource]] : research, theory, and practice // William M. Liu
Pubbl/distr/stampa	Thousand Oaks, Calif. ; ; London, : SAGE, c2011
ISBN	1-4833-4314-6 1-322-30587-0 1-4129-7251-5 1-4522-0672-4
Descrizione fisica	1 online resource (xviii, 229 p.) : ill
Disciplina	158.30862
Soggetti	Cross-cultural counseling Social classes Classism Mental health - Social aspects Social service - Sociological aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Contents; Preface; 1 - Introduction; 2 - Social Class, Classism, and Mental and Physical Health; 3 - Problems in Social Class Measurement and Research; 4 - The Social Class Worldview Model; 5 - Social Class and Psychotherapy, Counseling, and Career-Related Issues; 6 - The Impact of Social Class and Classism on Healthy Psychological Development; 7 - Greed, Materialism, and Affluence and Mental Health; 8 - Classism, Inequalities, and Poverty; 9 - Integrating Social Class and Classism Into Training, Education, and Supervision; 10 - Social Class, Classism, Advocacy, and Social Justice ReferencesIndex; About the Author
Sommario/riassunto	This is a supplementary text that is intended for courses in multicultural counselling/prejudice. The book provides a thorough overview of mental health and social class and how social class and classism affect mental health and seeking treatment.