Record Nr. UNINA9910779433103321 Autore Randall Peter (Peter Edward) Titolo The psychology of feeling sorry: the weight of the soul / / Peter Randall Hove;; New York, N.Y.:,: Routledge,, 2013 Pubbl/distr/stampa **ISBN** 0-203-08089-0 1-136-17026-X 1-283-87144-0 1-136-17027-8 Descrizione fisica 1 online resource (305 p.) Disciplina 152.4/4 Soggetti Guilt Remorse Grief Repentance Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Cover; The Psychology of Feeling Sorry; Copyright; Contents; Acknowledgements; Preface; 1. The stirrings of conscience; 2. Interpersonal relationships and betrayal; 3. Interpersonal relationships, religion and vengeance; 4. Shame, guilt and remorse; 5. Remorse and criminal offending; 6. Religion, spirituality and remorse; 7. Forgiveness; 8. Remorse, empathy, forgiveness and therapy; 9. The weight of the soul; Notes; References; Index Can feeling genuinely sorry enable an important healing experience? Sommario/riassunto Can relieving the weight of guilt restore a general sense of self-worth? Can an individual's dawning awareness give birth to feelings of remorse; perhaps even to acts of repentance? The concepts of betrayal, vengeance and forgiveness have long been a major part of religious doctrine throughout the world. However, only in recent times has the impact of these emotions become of interest to those involved in psychological study. In The Psychology of Feeling Sorry, Peter Randall

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