Record Nr. UNINA9910779264703321 Autore Quinn Alyson <1959-> **Titolo** Experiential unity theory and model [[electronic resource]]: reclaiming the soul / / Alyson Quinn Lanham, : Jason Aronson, c2012 Pubbl/distr/stampa **ISBN** 1-280-77862-8 9786613689016 0-7657-0930-9 Descrizione fisica 1 online resource (163 p.) Disciplina 616.89/152 Experiential psychotherapy Soggetti Group psychotherapy Group counseling Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Includes bibliographical references and index. Nota di bibliografia Nota di contenuto A brief history of group therapy -- Cultural influences impacting healing -- Bridging indigenous and western healers -- Experiential unity theory and model -- Facilitator skills and complementary components of the model -- Examples of other tools and process. The Experiential Unity Theory and Model is an approach to group Sommario/riassunto therapy and counseling that is integrative; it includes mind, body, soul, and emotional content in its effort to provide a healing milieu for clients suffering from depression, anxiety, stress, and other symptoms. The Model assists clients in their ability to address root causes, namely disconnection from soul, and facilitates the transformational healing that clients are desperately seeking.