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Nota di contenuto	Cover; Contents; Series Editor's Introduction; Preface; Foreword; Chapter 1 - Counseling African Americans: The Current State of Affairs; Case Study; Historical Overview; Assessment of Personal and Collective Debilitations; Summary; Chapter 2 - African-Centered Psychology: Basic Principles; Introduction; Basic Principles in African-Centered Psychology; Summary; Chapter 3 - Understanding African American Mental Health: The Necessity of New Conceptual Paradigms; The Ethnicity Factor in Psychotherapy; New Conceptual Paradigms; Summary; Chapter 4 - Understanding Personality and How to Measure It CultureThe African Personality; Internal Dimensions; External Dimensions; Assessing the African Personality; Alternate Conceptual Frameworks; Conceptual Scheme for Counseling African Descent Clients; Chapter 5 - Reconceptualizing the Notion of Self From the African Deep Structure; Introduction; African Philosophy; African Concept of the Person; The Study of Nature (Physics' Relation to African Psychology); Four Questions; WD AhoDden: To Be Healthy; Healthy AhoDden (Energy); Yare (To Be Sick)-Maafa Destructive Interference; Nya AhoDden (To Be Healed)-Reconstructive Interference Chapter 6 - African-Centered Conceptualizations of Self and Consciousness: The Akan ModelAkan Conceptualization of the Person

and Consciousness; Ontological and Epistemological Tenets; Components of Self; Human Consciousness and the Significance of Sunsum; Clinical Relevance; Conclusion; Chapter 7 - Counseling Models for African Americans: The What and How of Counseling; The Role and Task of Helpers and Healers; Therapeutic Intervention; Connecting With Clients; Assessment; Facilitating Awareness; Setting Goals; Taking Action and Instigating Change; Feedback and Accountability; Summary Chapter 8 - Counseling African American Fathers: A Program for Active Involvement Social Science and Black Men; Adolescent Fathers; Involved African American Fathers; The Program; Case Study; Discussion; Chapter 9 - Raising the Bar for What Passes as Competence; Raising the Bar for What Passes as Competence; The Circumference of Our Experience; Appendix; References; Index; About the Editor; About the Authors

Sommario/riassunto

This title provides an in-depth analysis of the counselling literature pertaining to African American clients. Topics discussed includes understanding personality and its measurement and African centered psychology.
