

1. Record Nr.	UNINA9910779212803321
Titolo	Middle adulthood [[electronic resource]] : a lifespan perspective / / editors, Sherry L. Willis, Mike Martin
Pubbl/distr/stampa	Thousand Oaks, Calif. ; ; London, : SAGE, c2005
ISBN	1-322-41740-7 1-4522-6243-8
Descrizione fisica	1 online resource (x, 425 p.) : ill
Altri autori (Persone)	WillisSherry L. <1947-> MartinMike <1965->
Disciplina	305.244
Soggetti	Middle age Middle age - Social aspects Middle age - Health aspects Middle-aged persons - Mental health Middle-aged persons - Social conditions Life cycle, Human
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Contents; Preface; PART I: The Study of Middle Age; 1 - Historical Perspectives of Middle Age Within the Life Span; 2 - The Midlife Generation in the Family; PART II: Early Life Influences on Middle Age; 3 - Genetic Influences on Midlife Functioning; 4 - Personality in Young Adulthood and Functioning in Middle Age; 5 - Impact of Past Transitions on Well-Being in Middle Age; 6 - Cognitive Development in Midlife; 7 - The Development of Physical and Mental Health From Late Midlife to Early Old Age; 8 - Cognitive Trajectories in Midlife and Cognitive Functioning in Old Age 9 - Self-Development at Midlife10 - Middle Age and Identity in a Cultural and Lifespan Perspective; 11 - Metacognition in Midlife; PART IV: Summary and Future Directions; 12 - Midlife Development; Author Index; Subject Index
Sommario/riassunto	Factors in adolescence and young adulthood can impact how we function in midlife, as can sociocultural factors, and how we develop in middle age can influence how well we cope in our later years. This book

explores these issues by bringing together a group of contributors associated with longitudinal studies.
