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Nota di contenuto	Cover; Contents; Preface; Acknowledgements; Chapter 1 - Introduction; Chapter 2 - Setting the Scene; Chapter 3 - Getting Started and Building Trust: The 'Mothering' Phase; Chapter 4 - Identifying Themes: Separating out the Opposites; Chapter 5 - Exploring the Past: Understanding the Opposites and Inner Hierarchies; Chapter 6 - Dissolving the Inner Hierarchies and Facing Ambivalence: Accepting the Opposites; Chapter 7 - Making Changes: Living with the Opposites; Chapter 8 - Assertiveness Training: Expressing the Opposites; Chapter 9 - Standing Up on Both Feet: Endings and New Beginnings ReferenceIndex
Sommario/riassunto	This fully revised edition of Feminist Counselling in Action shows how the feminist approach can be integrated into the counselling process, and how feminist ways of thinking can be applied to a range of counselling techniques.