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Processing Regression in Counseling Conclusion; Chapter 10 - Repression; Theoretical Aspects of Repression; Processing Repression in Counseling; Conclusion; Chapter 11 - Undoing; Theoretical Aspects of Undoing; Processing Undoing in Counseling; Conclusion; Chapter 12 - Defense Mechanisms in the Counseling Process in Groups; Preparation for Group; Stages of Defense Mechanism Processing; Conclusion; Chapter 13 - Defense Mechanisms in the Counseling Process: A Case Study; Stages of Defense Mechanism Processing; Outcome; References; Index; About the Author

Sommario/riassunto

This volume presents a systematic approach to identifying and modifying client defence mechanisms in the counselling process. Examples through the book illustrate the mechanisms and therapeutic change that can result in spite of them.
