Record Nr. UNINA9910779115403321 Autore Ridley Charles R **Titolo** Overcoming unintentional racism in counseling and therapy [[electronic resource]]: a practitioner's guide to intentional intervention / / Charles R. Ridley Thousand Oaks, Calif.;; London,: SAGE, c2005 Pubbl/distr/stampa **ISBN** 1-4522-3798-0 0-7619-1981-3 1-322-28335-4 1-4522-2235-5 Edizione [2nd ed.] Descrizione fisica 1 online resource (xiv, 271 p.) Multicultural aspects of counseling series : : v. 5 Collana Disciplina 361.06089 Soggetti Counseling Racism Ethnocentrism Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Includes bibliographical references (p. 225-257) and index. Nota di bibliografia Cover: Contents: Series Editor's Foreword: Preface: Acknowledgments: Nota di contenuto Part I - Examining the Counselor's Unintentional Racism; Chapter 1 -Minority Clients as Victims: Chapter 2 - Fifteen Propositions: Chapter 3 - What Is Racism?; Chapter 4 - Models of Mental Health; Chapter 5 -Judgmental and Inferential Errors; Chapter 6 - Defensive Racial Dynamics; Part II - Overcoming the Counselor's Unintentional Racism; Chapter 7 - Counseling Idiographically; Chapter 8 - Setting Culturally Relevant Goals; Chapter 9 - Making Better Clinical Decisions; Chapter 10 - Managing Resistance Chapter 11 - Terminating EffectivelyPart III - Examining and Overcoming the Unintentional Racism of the Mental Health System; Chapter 12 - Racist Practices of Institutions; Chapter 13 - Macrosystem Interventions; Chapter 14 - Microsystem Interventions; References; Index; About the Author Examining the dynamics & effects of racism in counseling with an Sommario/riassunto emphasis on the insidiousness of unintentional racism, in this new

edition Ridley adds a new section on the policies & practices of

agencies inn the mental health system.