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Titolo	Il codice civile della repubblica democratica tedesca : promulgato il 19 giugno 1975 ed entrato in vigore il 1 gennaio 1976 corredato con una selezione di articoli della Costituzione de 6 aprile 1968 (nella formulazione del 7 ottobre 1974) con la legge di introduzione del 19 giugno 1975 ... / Traduzione e introduzione di Gabriele Crespi Reghizzi e Giorgio De Nova. -
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Nota di contenuto	Front Cover; Handbook of Self-Regulation; Copyright Page; Table of Contents; FOREWORD; ABOUT THE EDITORS; CONTRIBUTORS; Chapter 1. SELF-REGULATION: AN INTRODUCTORY OVERVIEW; PART I: GENERAL THEORIES AND MODELS OF SELF-REGULATION; Chapter 2. ATTAINING SELF-REGULATION: A SOCIAL COGNITIVE PERSPECTIVE; I. INTRODUCTION; II. THE STRUCTURE OF SELF-REGULATORY SYSTEMS; III. SOCIAL AND ENVIRONMENTAL INFLUENCES ON SELF-REGULATION; IV. DYSFUNCTIONS IN SELF-REGULATION; V. DEVELOPMENT OF SELF-REGULATORY SKILL; VI. FUTURE RESEARCH DIRECTIONS; VII. A CONCLUDING COMMENT Chapter 3. ON THE STRUCTURE OF BEHAVIORAL SELF- REGULATIONI. BEHAVIOR IS GOAL DIRECTED AND FEEDBACK CONTROLLED; II. HIERARCHICALITY AMONG GOALS; III. FEEDBACK CONTROL AND CREATION OF AFFECT; IV. CONFIDENCE AND DOUBT, PERSISTENCE AND GIVING UP; V. DYNAMIC SYSTEMS AND HUMAN BEHAVIOR; VI. CATASTROPHE THEORY; VII. CONCLUDING COMMENT; Chapter 4. ASPECTS OF GOAL NETWORKS: IMPLICATIONS FOR SELF-REGULATION; I. A STRUCTURAL ANALYSIS OF GOAL NETWORKS; II. SELF-REGULATORY

CONSEQUENCES OF GOAL NETWORK STRUCTURE; III. INDIVIDUAL DIFFERENCES IN THE STRUCTURE OF GOALS AND MEANS
IV. COMPARISON TO OTHER PERSPECTIVES ON GOAL NETWORKSV.
FUTURE DIRECTIONS: INTERPERSONAL GOALS; VI. CONCLUSION;
Chapter 5. A FUNCTIONAL-DESIGN APPROACH TO MOTIVATION AND SELF-REGULATION: THE DYNAMICS OF PERSONALITY SYSTEMS AND INTERACTIONS; I. INTRODUCTION; II. DYNAMIC CONCEPTS IN CLASSICAL THEORIES OF MOTIVATION; III. ARISTOTLE'S DYNAMIC CONCEPTS; IV. PERSONALITY SYSTEMS INTERACTION THEORY; V. BACK TO THE FUTURE: FROM CONTENTS TO MECHANISMS; VI. CONCLUSION;
Chapter 6. PERSONALITY, SELF- REGULATION, AND ADAPTATION: A COGNITIVE - SOCIAL FRAMEWORK
I. FRAMEWORKS FOR PERSONALITY AND SELF-REGULATION RESEARCHII. SELF-REGULATION, TRAITS, AND COGNITIVE STRESS PROCESSES; III. PERSONALITY AND SELF-REGULATION OF REACTIONS TO LIFE STRESS; IV. PERSONALITY AND SELF-REGULATION IN PERFORMANCE ENVIRONMENTS; V. AGGRESSIVE BEHAVIOR; VI. CONCLUSIONS; Chapter 7. ORGANIZATION AND DEVELOPMENT OF SELF-UNDERSTANDING AND SELF-REGULATION: TOWARD A GENERAL THEORY; I. INTRODUCTION; II. THE ARCHITECTURE OF SELF-AWARE AND SELF-REGULATED SYSTEMS; III. DEVELOPMENT OF SELF-UNDERSTANDING AND SELF-REGULATION IV. EXPLAINING THE DEVELOPMENT OF SELF-UNDERSTANDING AND SELF-REGULATIONV. CONCLUSIONS; Chapter 8. THE ROLE OF INTENTION IN SELF-REGULATION: TOWARD INTENTIONAL SYSTEMIC MINDFULNESS; I. SYSTEMS THEORY, SELF-REGULATION, AND MINDFULNESS; II. SELF-REGULATION; III. SELF-REGULATION TECHNIQUES AND POTENTIAL LIMITATIONS; IV. PSYCHOPHYSIOLOGICAL RESEARCH ON SELF-REGULATION - PHYSIOLOGY AND ENERGY; V. ELABORATION OF AN EXPANDED SELF-REGULATION MODEL: INTENTION; VI. INTENTION; VII. INTENTIONAL SYSTEMIC MINDFULNESS: MINDFULNESS QUALITIES AND SYSTEMIC PERSPECTIVES VIII. APPLICATIONS OF INTENTIONAL SYSTEMIC MINDFULNESS TO SELF-REGULATION TECHNIQUES

Sommario/riassunto

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