

1. Record Nr.	UNINA9910779036003321
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Titolo	Ultimate fighting and embodiment : violence, gender, and mixed martial arts / / Dale C. Spencer
Pubbl/distr/stampa	New York : , : Routledge, , 2012
ISBN	1-136-49915-6 1-136-49916-4 0-203-14291-8
Descrizione fisica	1 online resource (207 p.)
Collana	Routledge research in sport, culture and society ; ; v. 11
Disciplina	796.815/5
Soggetti	Mixed martial arts - Social aspects Mixed martial arts - Psychological aspects Sports - Sex differences Sports - Social aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Front Cover; Ultimate Fighting and Embodiment; Copyright Page; Contents; List of Figures; Preface and Acknowledgments; 1. Introduction; 2. Phenomenology and Bodies; 3. Time, Space, and Sense of Fighting; 4. Difference and Bodies; 5. Being an MMA Fighter; 6. Habit (us), Body Techniques, and Body Callusing; 7. Narratives of Despair, Loss, and Failure: Pain, Injury, and Masculinities; 8. Emotions and Violence; 9. Homosociality, (Homo)eroticism, and Dueling Practice; 10. Conclusion; About the Biography; Glossary of Terms; Appendix: The Senses and Ethnographic Research; Notes; References; Index
Sommario/riassunto	Mixed martial arts (MMA) is an emergent sport where competitors in a ring or cage utilize strikes (punches, kicks, elbows and knees) as well as submission techniques to defeat opponents. This book explores the carnal experience of fighting through a sensory ethnography of MMA, and how it transgresses the cultural scripts of masculinity in popular culture. Based on four years of participant observation in a local MMA club and in-depth interviews with amateur and professional MMA fighters, Spencer documents fighters' training regimes and the meanings they attach to participation in the sport. Dr

