

1. Record Nr.	UNINA9910779030303321
Titolo	The psychology of religion and spirituality for clinicians : using research in your practice // edited by Jamie D. Aten, Kari A. O'Grady, and Everett L. Worthington, Jr
Pubbl/distr/stampa	New York : , : Routledge, , 2012
ISBN	1-135-22436-6 1-135-22437-4 0-203-86492-1
Descrizione fisica	1 online resource (423 p.)
Classificazione	PSY007000PSY036000
Altri autori (Persone)	AtenJamie D O'GradyKari Ann <1969-> WorthingtonEverett L. <1946->
Disciplina	200.1/9
Soggetti	Spirituality - Psychological aspects Psychology and religion Psychology - Religious aspects
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; The Psychology of Religion and Spiritualityfor Clinicians: Using Research in Your Practice; Copyright; Contents; Editors; Contributors; 1. The Psychology of Religion and Spirituality for Clinicians: An Introduction; 2. Development of Religion and Spirituality Across the Life Span; 3. Developmental and Narrative Perspectives on Religious and Spiritual Identity for Clinicians; 4. Religious and Spiritual Motivations in Clinical Practice; 5. Connection Between Personality and Religion and Spirituality; 6. Client God Images: Theory, Research, and Clinical Practice 7. Addressing Spiritually Transcendent Experiences in Psychotherapy8. Religious and Spiritual Beliefs in Psychotherapy: A Meaning Perspective; 9. Navigating the Storm: Helping Clients in the Midst of Spiritual Struggles; 10. Processes of Religious and Spiritual Coping; 11. Forgiveness and Reconciliation Within the Psychology of Religion and Spirituality; 12. Religion and Spirituality in Couples and Families; 13. Religion, Spirituality, and Mental Health; 14. Impact of Religion and

## Spirituality on Physical Health

### 15. Bridging the Gap Between Research and Practice in the Psychology of Religion and Spirituality Index

---

#### Sommario/riassunto

"The purpose of this edited book is to provide mental health practitioners with a functional understanding of the empirical literature on the psychology of religion and spirituality, while at the same time outlining clinical implications, assessments, and strategies for counseling and psychotherapy. This text is different from others on this topic because it will help to bridge the gap between the psychology of religion and spirituality research and clinical practice. Each chapter covers clinically relevant topics, such as religious and spiritual development, religious and spiritual coping, and mystical and spiritual experiences as well as discuss clinical implications, clinical assessment, and treatment strategies. Diverse religious and spiritual (e.g., Jewish, Islamic, Christian, and Buddhist, etc.) clinical examples are also be integrated throughout the chapters to further connect the psychology of religion and spirituality research with related clinical implications.

--"

---