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Sommario/riassunto

"Children and Exercise XXVI presents the latest scientific research into paediatric exercise physiology, endocrinology, kinanthropometry, growth and maturation, and youth sport. Including contributions from a wide-range of leading international experts, the book is arranged into seven thematic sections addressing: cardiovascular responses to exercise genetics, metabolism and physical activity limiting factors of muscle exercise respiratory responses to exercise epidemiology in physical activity and obesity physical activity and nutrition metabolic disorders and exercise. Offering critical reviews of current topics and reports of current and on-going research in paediatric health and exercise science, this is a key text for all researchers, teachers, health professionals and students with an interest in paediatric sport and exercise science, sports medicine and physical education"--
