

1. Record Nr.	UNINA9910779021403321
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Titolo	Transcending trauma : survival, resilience, and clinical implications in survivor families // Bea Hollander-Goldfein, Nancy Isserman, Jennifer Goldenberg
Pubbl/distr/stampa	New York : , : Routledge, , 2012
ISBN	1-136-93516-9 1-280-66121-6 9786613638144 1-136-93517-7 0-203-84656-7
Descrizione fisica	1 online resource (343 p.)
Collana	Routledge psychosocial stress series ; ; 40
Altri autori (Persone)	GoldenbergJennifer E IssermanNancy <1951->
Disciplina	940.53/180922
Soggetti	Holocaust survivors - Psychology Holocaust survivors - Mental health Victims - Psychology Psychic trauma
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; Transcending Trauma: Survival, Resilience, and Clinical Implications in Survivor Families; Copyright; Contents; Series Editor's Foreword; Preface and Acknowledgments; About the Authors and Contributors; Part I The Transcending Trauma Project; CHAPTER 1 Introduction: The Transcending Trauma Project; CHAPTER 2 Resilience After Prolonged Trauma: An Integrated Framework; CHAPTER 3 Making the Unmanageable Manageable: Innovative Tools for Analyzing a Large Qualitative Dataset; PART II The Survivors and the Impact of Prewar Family Dynamics on Their Postwar Lives CHAPTER 4 "The Biggest Star Is Your Mother": Prewar Coping Strategies of 18 Adolescent Survivors CHAPTER 5 The Hows and Whys of Survival: Causal Attributions and the Search for Meaning; CHAPTER 6 "If Somebody Throws a Rock on You, You Throw Back Bread": The Impact of Family Dynamics on Tolerance and Intolerance in Survivors of

Genocide; CHAPTER 7 A Minyan of Trees: The Role of Faith and Ritual in Postwar Coping and Its Relevance to Working With Trauma Survivors; PART III Parenting Patterns; CHAPTER 8 Parenting in Survivor Families: Critical Factors in Determining Family Patterns
CHAPTER 9 "Like a Bridge Over Troubled Waters": Divergent Parenting and the Mediating Influence of Positive Parental AttachmentPART IV Intergenerational Transmission to the Children of Survivors; CHAPTER 10 "The Elephant in the Room": Survivors' Holocaust Communication With Their Children; CHAPTER 11 Holocaust Narratives and Their Impact on Adult Children of Survivors; CHAPTER 12 A Systemic Perspective of Coping and Adaptation: The Inextricable Connection Between Individual and Family; Appendix 1: Demographics of the TTP Dataset; Appendix 2: Characteristics of Coping Based on Life Histories
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Sommario/riassunto

"The Transcending Trauma Project (TTP), begun in 1991, is a large qualitative research endeavor based on 275 comprehensive life interviews of survivors of the Nazi Holocaust, their children, and their grandchildren. Using this research as a base, Transcending Trauma presents an integrated model of coping and adaptation after trauma that incorporates the best of recent work in the field with the expanded insights offered by Holocaust survivors. In the books' vignettes, interview transcripts, and audio excerpts, survivors of a broad range of traumas will recognize their own challenges, and mental health professionals will gain invaluable insight into the dominant themes of Holocaust survivors' experiences and of trauma survivors' experiences more generally. The study of lives conducted by TTP has illuminated universal aspects of the recovery from trauma, and Transcending Trauma makes a vital contribution to our understanding of how survivors find meaning after traumatic events"--Provided by publisher.

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