Record Nr. UNINA9910779017203321 New directions in sex therapy: innovations and alternatives //edited **Titolo** by Peggy J. Kleinplatz Pubbl/distr/stampa New York, N.Y.:,: Routledge,, 2012 **ISBN** 1-280-66133-X 9786613638267 1-136-33333-9 0-203-12255-0 Edizione [2nd ed.] Descrizione fisica 1 online resource (411 p.) PSY007000PSY036000 Classificazione Altri autori (Persone) KleinplatzPeggy J Disciplina 616.85/8306 Soggetti Sex therapy Sexual disorders - Treatment Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Nota di bibliografia Includes bibliographical references and index. Nota di contenuto Cover; Sex Therapy: Innovaions and alternatives; Copyright; Contents; Acknowledgments; Editor; Contributors; Advancing Sex Therapy or Is That the Best You Can Do?; Part I: Critiques of Conventional Models of Sex Therapy: A Preview of the Critiques and Their Implications; 1. On the need for a new Direction in Sex Therapy; 2. The "new View" Campaign: A feminist Critique of Sex Therapy and an Alternative Vision; 3. Sex Therapy for men: resolving false Dichotomies; 4. A Phenomenology of Sexual Experiencing 5. The Challenging landscape of Problematic Sexual Behaviors, Including "Sexual Addiction" and "hypersexuality"6. Ethics and Sex Therapy: A neglected Dimension; 7. Is That All There Is? A new Critique of the goals of Sex Therapy; Part II: New Alternatives/Innovations in Sex Therapy: A Preview of New Clinical Alternatives and Innovations; 8. Sexual medicine, Sex Therapy, and Sexual health Care; 9. Sexual Choreography: "Am I Enjoying This right now?" not "how Am I Doing?" not "how Am I Doing?"; 10. Cultural Diversity and Sensitivity in Sex Therapy 11. Approaching Your highest Sexual function in relationship: A reward

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Sommario/riassunto

"New Directions in Sex Therapy, Second Edition, focuses on cuttingedge, therapy paradigms as alternatives to conventional clinical strategies. With each passing year the treatment of sexual problems seems to emphasize more medical and pharmacological interventions. There is correspondingly less interest in the experiences of the individuals or couples involved. The present volume expands the definition of our field. Part I highlights the major problems and criticisms facing sex therapy and furnishes a rationale for new directions. Included in this new edition are critiques of "sexual addiction" nomenclature, the neglect of the ethical dimension in sex therapy and there is a call to expand our vision of what sex therapy can attain. Part II demonstrates new approaches to dealing with traditional sex therapy concerns, (e.g., lack of desire, erectile dysfunction) as well as innovative goals, such as integrating sexual medicine with sex therapy; using client feedback to customize therapy for the particular individual/couple's best interests; promoting relationship growth in working with transgender clients; and transcending sexual function to optimize erotic intimacy in long-term couples. This 2nd edition of New Directions in Sex Therapy: Innovations and Alternatives is replete with helpful new clinical illustrations which demonstrate these approaches in action. This book is intended for anyone who deals with sexual issues and concerns in therapy clinicians of every kind, novices and advanced practitioners rather than only those who define themselves as sex therapists"--

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