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Nota di contenuto	Cover; Contents; Preface; Introduction; Part I - Developing Work with the Internal and External Setting; Chapter 1 - Establish and Maintain the Therapeutic Setting; Chapter 2 - Cultivate and Develop Your Therapeutic Stance; Chapter 3 - Negotiate and Articulate Clearly the Therapeutic Contract; Chapter 4 - Identify and Assess Your Client's Inner World Position; Chapter 5 - Assess Your Client's Availability for a Therapeutic Alliance; Chapter 6 - Abandon Memory and Desire in Relation to Your Client; Part II - Developing Work with Issues Around the Boundaries Chapter 7 - Observe and Respond to Your Client's Activities Around the Boundaries Chapter 8 - Pay Particular Attention to Beginnings and Endings; Chapter 9 - Allow for the Importance and Impact of Gaps, Breaks and Interruptions to the Counselling; Chapter 10 - Receive and Respond Appropriately to Your Client's Signals about Money, Time and Space; Chapter 11 - Recognize the Limits of Your Competence and Refer on Where Appropriate; Chapter 12 - Resist the Invitations of the Client to Collusion; Part III - Developments in Understanding and Working with the Transference Chapter 13 - Allow Yourself to Become Available for Use in Your

Client's Inner WorldChapter 14 - Identify and Work with the Client's Focus of Transference; Chapter 15 - Identify and Address Resistance to the Counselling; Chapter 16 - Accept and Contain the Development of Negativity in the Transference; Chapter 17 - Monitor and Assess Your Client's Responses to Your Interventions and Interpretations; Chapter 18 - Monitor and Attend to the Presence of Sexuality in the Relationship between You and the Client; Part IV - Developments in Understanding and Working with Counter-Transference Chapter 19 - Observe and Digest Your Own Responses to Client MaterialChapter 20 - Balance Your Feeling and Thinking Activities in Your Practice of Counselling; Chapter 21 - Use Supervision, Peer Groups and Personal Therapy to Work with Your Counter-Transference; Chapter 22 - Allow for the Interference of Your Own Unresolved Conflicts in the Process of the Counselling; Chapter 23 - Attend to the Impact of Your Client's Discourse as Well as to the Content; Chapter 24 - Be Prepared to Get it Wrong and to Build on That; Part V - Developments in Working with the Whole Counselling Relationship Chapter 25 - Respect and Interpret Your Client's DefencesChapter 26 - Wait and Wait again before Responding to Your Client; Chapter 27 - Inform Your Counselling with Regular Theoretical Input; Chapter 28 - Develop Your Capacity for Thinking and Responding at Different Levels; Chapter 29 - Permit Yourself Not to Know What is Going on; Chapter 30 - Give Time and Space to Work towards an Ending; Conclusion; Bibliography; Index

Sommario/riassunto

Books in this series provide counsellors & counselling trainees with hints & guidelines on the problems they face in the counselling process. This book explores the opportunities for them to develop their own practice of psychodynamic counselling.
