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Nota di contenuto	pt. 1. Preparing the way to science -- pt. 2. Model-making -- pt. 3. A formal science for psychotherapy -- pt. 4. Joining forces with other sciences.
Sommario/riassunto	In this volume, the author argues that theoretical and clinical efforts should be focused on understanding the deep, evolved factors behind human behaviour such as suffering, deception self-limitations and death anxieties.