

1. Record Nr.	UNINA9910457352003321
Autore	Kottler Jeffrey A
Titolo	The therapist's workbook [[electronic resource]] : self-assessment, self-care, and self-improvement exercises for mental health professionals / / Jeffrey A. Kottler
Pubbl/distr/stampa	Hoboken, N.J., : John Wiley & Sons, 2012
ISBN	1-118-11801-4 1-283-28115-5 9786613281159 1-118-11799-9
Edizione	[2nd ed.]
Descrizione fisica	1 online resource (217 p.)
Disciplina	616.89/14/023 616.8914023
Soggetti	Psychotherapists - Job stress Psychotherapists - Mental health Burn out (Psychology) - Prevention Electronic books.
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	pt. 1. Confronting the issues -- pt. 2. Taking care of yourself -- pt. 3. Practicing what you preach.
Sommario/riassunto	Mental health professionals spend their days helping others, but who is there to help them when stress and burnout threaten their own well-being? Filled with self-assessments, journaling exercises, and activities designed to facilitate renewal, growth, and change, this timely book helps clinicians help themselves with coverage of career threatening issues, such as fear of failure, loss of confidence, and the financial stress and loss of autonomy that many clinician's experience as a result of managed care and its constraints.

2. Record Nr.	UNINA9910778958703321
Titolo	Contemporary logistics in China [[electronic resource]] : an introduction / / editors, Binglian Liu ... [et al.]
Pubbl/distr/stampa	Singapore ; ; Hackensack, N.J., : World Scientific, c2012
ISBN	9789814365895 (eBook)
Descrizione fisica	1 online resource (252 p.)
Altri autori (Persone)	LiuBinglian
Disciplina	658.50951
Soggetti	Business logistics - China Physical distribution of goods - China
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Includes index.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Contents; Preface; List of Chapter Editors; List of Figures; List of Tables; Chapter 1 Environment for the Development of Logistics in China; 1.1 Economic Environment for the Development of Logistics in China; 1.1.1 Rapid Development of Economic Output; 1.1.2 Rapid Expansion of Industrial Scale; 1.1.3 Impact on International Trade; 1.1.4 Flourishing Demand due to Domestic Consumption; 1.1.5 Implementation of the 4 Trillion RMB Incentive Plan; 1.2 Policies and Environment for the Development of China's Logistics Industry; 1.2.1 Breakthrough in the Reformation of the Logistics Management System 1.2.2 Successive Issuance of Logistics Policies1.2.3 Continual Enlargement of Logistics Market; 1.2.4 Successive Issuance of National-Level Regional Plans; 1.2.5 Extensive Cooperation in Logistics among Different Regions; 1.2.6 Steady Progress in Standardization and Informatization; 1.2.7 Gradual Improvement of Logistics Education; Chapter 2 Development Status of China's Logistics Market; 2.1 Overall Scale of Market; 2.1.1 Total Value of Social Logistics; 2.1.2 Total Expenses of Social Logistics; 2.1.3 Added Value of Logistics Industry in China; 2.2 Demand in Logistics Market 2.2.1 Sluggish Demand in International Logistics Market2.2.2 Stable Growth in Domestic Logistics Demand; 2.2.3 Flourishing Demand in Hot Market Segments; Automobiles; Home appliances; Network shopping; 2.3 Logistics Enterprises; 2.3.1 Poor Performance of Enterprises; 2.3.2 Mergers and Acquisitions Carried Out by Local

Enterprises; 2.3.3 Entry of Foreign Enterprises into Emerging Market Segments; 2.3.4 Financing Channels for Domestic Medium-Sized and Small Enterprises; Chapter 3 The Leap in Infrastructure Development; 3.1 Railways and High-Speed Rail; 3.1.1 Investment in Fixed Assets 3.1.2 Development Status of Railway Network 3.1.3 Operating Mileage and Freight Volume; 3.1.4 Development of High-Speed Passenger Railway; 3.1.5 Energy Consumption and Emissions of Railway Transportation; 3.2 Airports and Cargo Hubs; 3.2.1 Airports, Aviation Cities and Aviation Mileage; 3.2.2 Transportation Volume and Safety; 3.2.3 Aviation Freight Centers; 3.2.4 Direct Flights between the Mainland and Taiwan; 3.3 Seaports and Inland Waterways; 3.3.1 Scale of Investment; 3.3.2 Scale of Navigation Routes, Ports and Vessels; 3.3.3 Scale of Transportation and Safety 3.3.4 Conditions of Large-Scale Ports 3.4 Highways; 3.4.1 Scale of Investment; 3.4.2 Highway Mileage and Development of Highway Network; 3.4.3 Scale of Transportation Volume; 3.5 Logistics Parks and Dry Ports; 3.5.1 Scale of Logistics Parks; 3.5.2 Construction of Dry Ports; 3.6 Communication and Information Infrastructure; 3.6.1 Scale of Communication Infrastructure; 3.6.2 Construction of Logistics Information Platform; 3.6.3 Development and Technological Application of Logistics Information; Chapter 4 China's Logistics Development by Region 4.1 Regional Difference in the Development of China's Logistics

Sommario/riassunto

With rapid development of China's economy in the past decades, there arises a great demand for a comprehensive report concerning the state of logistics development in China. Yet to date, only brief, fragmented writings in English exist. "Contemporary Logistics in China: An Introduction" is the first systematic, objective and authoritative publication based on the work of experienced researchers from the Logistics Research Center at Nankai University. This book contains both a panoramic overview of logistics developments in China to afford a broad understanding, as well as specific, in-depth an
