Record Nr. UNINA9910778917603321 Perinatal mental health [[electronic resource]]: a clinical guide // **Titolo** edited by Colin R. Martin Pubbl/distr/stampa Cumbria [England], : M&K Pub., 2012 **ISBN** 1-280-12073-8 9786613524591 1-907830-49-9 Descrizione fisica 1 online resource (546 p.) Altri autori (Persone) MartinColin R Disciplina 618.7/60231 618.760231 Soggetti Pregnant women - Mental health Postpartum depression Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Nota di bibliografia Includes bibliographical references and index. Nota di contenuto pt. 1. Maternal mental health before and during pregnancy -- pt. 2. Labour and the postnatal period -- pt. 3. Mental health of the partner -- pt. 4. Support, social care and healthcare delivery -- pt. 5. Maternal assessment, counselling and therapy -- pt. 6. Contemporary issues -pt. 7. Child health, child care and child development. Sommario/riassunto The prospect of parenthood represents a milestone in anyone's life course and is often a period of stress and challenge. There are a number of significant mental health problems that can occur during the perinatal period, the consequences of which can be both enduring and, occasionally, life threatening. However, irrespective of the specifics of the clinical manifestation of a disturbance, the distress and misery that accompanies it has significant ramifications for the mother or motherto-be and her partner and family. This book is arranged in themed

parts that represent key aspects of facili