

1. Record Nr.	UNINA9910778904103321
Autore	Mertig Rita G
Titolo	Nurses' guide to teaching diabetes self-management [[electronic resource] /] / Rita Girouard Mertig
Pubbl/distr/stampa	New York, : Springer Pub., c2012
ISBN	1-280-12880-1 9786613532688 0-8261-0828-8
Edizione	[2nd ed.]
Descrizione fisica	1 online resource (327 p.)
Disciplina	616.4/620231
Soggetti	Diabetes - Nursing Patient education Self-care, Health
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Diabetes : the basics -- Treatment : medical nutrition management -- Treatment : physical activity -- Treatment : medication -- Glycemic control -- Chronic complications -- The healthcare professional as teacher -- Teaching and motivating families with young children / by Kearsten Adams -- Teaching and motivating adolescents and their parents / by Bev Baliko -- Teaching and motivating adults -- Teaching and motivating clients with psychiatric/mental health issues / by Bev Baliko -- Client noncompliance.
Sommario/riassunto	This is an optimistic and empowering approach to the daunting task of teaching diabetes patients to care for themselves. Written by a highly respected diabetes educator who has suffered with diabetes for 25 years, the guide provides the clinical and personal expertise that will help nurses and other health professionals to successfully teach diabetes self-management and compliance to adults, children, adolescents, and parents. The book contains a vast reservoir of information ranging from a thorough overview of diabetes and the physical and emotional toll of living with the disease to number o