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Nota di bibliografia	Includes bibliographical references (p. 471-519) and index.
Nota di contenuto	Contents; 1. About Emotion; 2. Issues of Research, Classification, and Measurement; 3. The Person-Environment Relationship, Motivation, and Coping; 4. Cognition and Emotion; 5. Issues of Causality; 6. Goal Incongruent (Negative) Emotions; 7. Goal Congruent (Positive) and Problematic Emotions; 8. Individual Development; 9. Social Influence; 10. Emotions and Health; 11. Implications for Research, Assessment, Treatment, and Prevention; References; Author Index; Subject Index
Sommario/riassunto	In this landmark work, Richard Lazarus -- one of the world's foremost authorities -- offers a comprehensive treatment of the psychology of emotion, its role in adaptation, and the issues that must be addressed to understand it. The work provides a complete theory of emotional processes, explaining how different emotions are elicited and expressed, and how the emotional range of individuals develops over their lifetime. The author's approach puts emotion in a central role as a complex, patterned, organic reaction to both daily events and long-term efforts on the part of the individual to survive