1. Record Nr. UNINA9910778818503321 Autore Klein Mavis Titolo Being a therapist [[electronic resource]]: a practioner's handbook // Mavis Klein London, : Karnac, 2012 Pubbl/distr/stampa 0-429-89704-9 **ISBN** 0-429-47227-7 1-283-44861-0 9786613448613 1-84940-957-9 Descrizione fisica 1 online resource (168 p.) Disciplina 616.8914 Soggetti Behavior therapy Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Includes index. Note generali Nota di contenuto Cover; Copy Right; Content; ABOUT THE AUTHOR; INTRODUCTION; CHAPTER ONE: Zeitgeist; CHAPTER TWO: Believing; CHAPTER THREE: Thinking; CHAPTER FOUR: Five personality types; CHAPTER FIVE: Feeling Our contemporary world is one in which 'the customer is always right', Sommario/riassunto and therapists, like many other professionals, are increasingly beset by rules and regulations that undermine their authority and autonomy. While many books emphasize the therapist's duties and obligations in maintaining the well being of his or her clients, this book is intended to redress the balance in favour of emphasizing the well being of the therapist. Mavis Klein draws on her thirty-five years of experience as an individual, group, and family therapist to provide trainee and beginner

therapists with confidence in the p