

1. Record Nr.	UNINA9910778601803321
Autore	Keown Damien <1951->
Titolo	Buddhism : a very short introduction // Damien Keown
Pubbl/distr/stampa	Oxford, : Oxford University Press, 2000, 1996
ISBN	0-19-154010-2 0-585-11117-0
Descrizione fisica	1 online resource (xiii, 136 pages) : illustrations, maps, portrait
Collana	Very short introductions ; ; 3
Disciplina	294.3
Soggetti	Buddhism Religion
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Nota di bibliografia	Includes bibliographical references and index.
Sommario/riassunto	Introduces the reader to the teachings of the Buddha and to the integration of Buddhism into daily life. What are the distinctive features of Buddhism? Who was the Buddha, and what are his teachings? What do words such as 'karma' and 'nirvana' mean? This book provides an informative response to these frequently asked questions about Buddhism.