Record Nr. UNINA9910778534103321 Elimination of iodine deficiency disorders [[electronic resource]]: a **Titolo** manual for health workers Pubbl/distr/stampa [Alexandria, Egypt], : World Health Organization, Regional Office for the Eastern Mediterranean, c2008 **ISBN** 92-9021-670-0 Descrizione fisica 1 online resource (97 p.) EMRO technical publications series, , 1020-0428 ; ; 35 Collana Disciplina 616.396 Iodine deficiency diseases - Mediterranean Region Soggetti Iodine deficiency diseases - Mediterranean Region - Prevention Diet therapy - Mediterranean Region Iodized salt - Mediterranean Region Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Note generali Description based upon print version of record. Includes bibliographical references (p. [79]). Nota di bibliografia Nota di contenuto Cover; Title; Copyright; Contents; Preface; Acknowledgements; Introduction; Iodine deficiency disorders in the Eastern Mediterranean Region; Assessment of iodine deficiency disorders; Control of iodine deficiency disorders; The iodization process; Framework for assessing progress towards optimum iodine nutrition; References; Annex 1. Forms; Annex 2. Method of urinary iodine measurement This manual presents an overview of iodine deficiency disorders (IDD) Sommario/riassunto and provides detailed instructions in the monitoring and evaluation of IDD control and prevention programs. Health and nutrition program staff working at the provincial, district and field levels in the public health sector will find this guide particularly useful. It may also be used by interested iodized salt producers and those involved in the formulation of health and nutrition policy and programs. The manual provides information on the selection of appropriate process and impact indicators and techniques on conducting I