

1. Record Nr.	UNINA9910778495503321
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Titolo	Clinical case formulation [[electronic resource]] : varieties of approaches / / edited by Peter Sturmey
Pubbl/distr/stampa	Hoboken, : Wiley, 2009
ISBN	1-282-27873-8 9786612278730 0-470-51591-0
Descrizione fisica	1 online resource (347 p.)
Disciplina	616.891
Soggetti	Clinical psychology --Methodology Counseling Counseling --Case studies Mental Disorders - diagnosis Mental Disorders - therapy Psychology, Clinical - methods Psychotherapy - methods Psychotherapy --Practice
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di contenuto	Clinical Case Formulation; Contents; About the Editor; List of Contributors; Preface; PART I OVERVIEW; 1 Case Formulation: A Review and Overview of this Volume; PART II DEPRESSION; 2 Sally: A Case of Depression; 3 Cognitive Formulation of Depression: Case of Sally; 4 Behavioural Formulation of Depression: The Case of Sally; 5 Commentary on Cognitive and Behavioural Formulations of Anxiety-Depression; PART III PSYCHOSIS; 6 Zeppi: A Case of Psychosis; 7 A Psychiatric Approach to Case Formulation; 8 A Behavior Analytic Formulation of a Case of Psychosis; 9 Formulating Zeppi: A Commentary PART IV EATING DISORDERS10 A Case of Eating Disorder: Antoinette Hilbert-Smith; 11 A Formulation of the Case of Antoinette: A Multiperspective Approach; 12 The Functional Analysis and Functional Analytic Clinical Case Formulation: A Case of Anorexia Nervosa; 13

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Sommario/riassunto

Case formulation is a key skill for mental health practitioners, and this book provides examples of ten case formulations representing the most common mental health problems in a variety of populations and contexts, offering commentary on contrasting formulations of the same case. Provides an overview of the general features of case formulation and how it can drive treatment Features clinical cases from a variety of populations, focusing on a range of different problems Covers all the major theoretical perspectives in clinical practice - behavioural, cognitive behavioural,
