1. Record Nr. UNINA9910778391003321 Autore Gunderson Jeffrey Titolo Fixin' fish: a guide to handling, buying, preserving, and preparing fish // Jeffrey Gunderson; illustrated by Leanne Alexander-Witzig Pubbl/distr/stampa Minneapolis, : University of Minnesota Press for the University of Minnesota Sea Grant Extension Program, 1984 **ISBN** 0-8166-5529-4 0-8166-1333-8 Edizione [Second edition.] Descrizione fisica 1 online resource (65 pages) Disciplina 641.3/92 Cooking (Fish) Soggetti Fish as food Lingua di pubblicazione Inglese **Formato** Materiale a stampa Livello bibliografico Monografia Description based upon print version of record. Note generali Includes bibliography: p. 55-56. Nota di bibliografia Nota di contenuto Contents; Nutrition and Economics: Why eat Fish?; Maintaining Quality: Get the Best from your Catch: Freezing fish: Fishcicles: Filleting techniques: Cutting up in style; Scoring, flaking, grinding: A bone to pick; Fish jerky: Dry it, you'll like it; Salting fish: Salt it away; Canning fish: Put a lid on it; Pickling fish: Put your fish in a pickle; Making caviar: A touch of ""roe-mance""; Smoking techniques: Where there's smoke; Building a smoker: Engineering a smokehouse; Basic fish cookery: Fixin' fish; Parasites: Are the fish good enough to eat?; Bibliography Fixin' Fish was first published in 1984. Minnesota Archive Editions uses Sommario/riassunto digital technology to make long-unavailable books once again accessible, and are published unaltered from the original University of Minnesota Press editions. Whether you catch it yourself or buy it, fish

flavor requires careful handling.

can be a delicious, nutritious meal or an experience you'd rather forget. Because fish are delicate and perishable, preserving their fresh-caught