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Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	CH 1 Introduction and Overview; The Science; The Problem; Transferring Knowledge to Practice; The Clinical Mandate; Children: An Overlooked At-Risk Group; The System Mandate; The Purpose of This Book; Summary; Part 1: Prevalence, Risk Factors, and Pathogenesis; CH 2 Demographic Perspectives: The Magnitude of Concern; CH 3 The Pathogenesis of Osteoporosis; Part 2: Clinical Management; CH 4 Diagnostic Tests and Interpretation; CH 5 Pharmacological Management; CH 6 Surgical Management of Fractures Part 3: Non-pharmacological Management CH 7 Diet and Bone Health; CH 8 Exercise Mandate: Preventative and Restorative; CH 9 Osteoporosis and Fall Prevention; CH 10 Maintaining Independence and Quality of Life; Part 4: Prevention Strategies; CH 11 Maximizing Peak Bone Mass in Children, Adolescents, and Young Adults: A Public Health Priority; CH 12 A Model for Improving Access to Osteoporosis Care: The Geisinger Health System Mobile DXA Program; CH 13 A Model for Community Outreach: Cooperative Extension Osteoporosis Prevention and Screening Programs CH 14 Health Policy and Insurance Reimbursement CH 15 Emerging Approaches in the Prevention of Osteoporosis; Appendix A Resources

and Related Links; Federal Government; State Government; Non-government; Appendix B Diagnoses That Support Medical Necessity for Bone Densitometry for Reimbursement; IDX Index

Sommario/riassunto

A clinical guide for nursing and other health care professionals, particularly advanced practice nurses. It describes the extent of the problem of osteoporosis, the pathogenesis, clinical presentation, diagnostic testing, treatments, and current and emerging prevention strategies.
