

1. Record Nr.	UNINA9910778337903321
Autore	Burgener Sandy <1947->
Titolo	A personal guide to living with progressive memory loss [[electronic resource] /] / Sandy Burgener and Prudence Twigg
Pubbl/distr/stampa	London ; ; Philadelphia, : Jessica Kingsley Publishers, 2007
ISBN	1-281-14335-9 9786611143350 1-84642-719-3
Descrizione fisica	1 online resource (162 p.)
Altri autori (Persone)	TwiggPrudence <1956->
Disciplina	616.8/3
Soggetti	Memory disorders - Prevention
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	What progressive memory loss means to you: claiming the diagnosis -- Maintaining personhood -- Maintaining important roles in your life -- Understanding the stigma of progressive memory loss: managing your responses to the behaviors of others -- Communicating with others -- Staying active and functional -- Staying physically healthy: managing physical illnesses -- Medications, and self-care needs -- Staying mentally healthy: managing memory loss and impaired thinking -- Finding hope.
Sommario/riassunto	'A Personal Guide to Living with Progressive Memory Loss serves as a commitment to inclusive education and is a landmark self-help book that focuses on the needs of the person with the diagnosis. It expands what is currently offered to people with memory loss in a sensitive and contemporary way. A must have for every memory clinic and health and human service agency.' - Linda L. Buettner, Professor at the University of North Carolina at Greensboro, Alzheimer's Association Early Stage Task Force. 'This book empowers people living with dementia, signposting hope, choice and a life to be lived.