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Nota di contenuto	Cover; Contents; Notes on Contributors; Preface; Acknowledgements; 1 - The Person-Centred Approach in Europe: Its History and Current Significance; PART I: THEORY; 2 - Person-Centred Theory as a System of Meaning; 3 - Unconditional Positive Regard and its Spiritual Implications; 4 - 'On Becoming a Person-Centred Approach': A Person-Centred Understanding of the Person; 5 - Personality Change and the Concept of the Self; 6 - From Non-Directive to Experiential: A Paradigm Unfolding; 7 - 'Face to Face' - The Art of Encounter 8 - Empowerment or Collusion? The Social Context of Person .. Centred Therapy 9 - On the Development of the Person in Relationships; 10 - Incongruence and Psychopathology; PART II: PRACTICE; 11 - Focusing: Interpersonal and Intrapersonal Conditions of Growth; 12 - Client-Centred Therapy for Adolescents: An Interactional Point of View; 13 - A Person- Centred Perspective on Leadership and Team-Building; 14 - 'Anchorage' as a Core Concept in Working with Psychotic People; 15 - The Relevance of a Phenomenological Attitude when Working with Psychotic People 16 - Empathy and Empathy Development with Psychotic

Sommario/riassunto

'I found the book both stimulating and challenging' - Counselling and Psychotherapy This book brings together up-to-date contributions to the development of person-centred theory and practice from leading European practitioners. The book makes available some of the most significant theoretical ideas and practical applications of a distinguished group of contributors at the cutting edge of the approach.