1.	Record Nr.	UNINA9910778174503321
	Autore	Mann James <1913->
	Titolo	Time-limited psychotherapy / / James Mann
	Pubbl/distr/stampa	Cambridge, Mass. : , : Harvard University Press, , 1973
	ISBN	0-674-04053-8
	Descrizione fisica	1 online resource (xiii, 202 pages)
	Collana	Commonwealth Fund Publications
	Disciplina	616.8/914
	Soggetti	Brief psychotherapy Psychotherapy
	Lingua di pubblicazione	Inglese
	Formato	Materiale a stampa
	Livello bibliografico	Monografia
	Note generali	"A Commonwealth Fund book."
	Nota di bibliografia	Includes bibliographical references and index.
	Nota di contenuto	Frontmatter -- Contents -- Preface -- Part One: The Model -- 1 Time: Conscious and Unconscious -- 2 The Treatment Agreement and Treatment Guidelines -- 3 Some Basic Universal Conflict Situations -- 4 The Sequence of Dynamic Events -- 5 The Therapist as Participant -- 6 The Selection of Patients -- 7 Teaching This Treatment Method -- Part Two: The Case of the Conquered Woman -- Index
	Sommario/riassunto	Waiting lists in psychiatric clinics and increasing numbers of patients in long-term psychotherapy have highlighted the need for shorter methods of treatment. Existing forms of short-term psychotherapy tend to be vague and uncertain, lacking as they do a clearly formulated rationale and methodology. The bold and challenging technique for brief psychotherapy designed around the factor of time itself, which James Mann introduces here, is a method he hopes will revolutionize current practice. The significance of time in human life is examined in terms of the development of time sense as well as its unconscious meaning and the ways these are experienced in both the categorical and existential senses. The author shows how the interplay between the regressive pressures of the child's sense of infinite time and the adult reality of categorical time determine the patient's unconscious expectations of psychotherapy.