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| 1. Record Nr. | UNINA9910778151403321 |
| Autore | Fritsch AI |
| Titolo | Healing Appalachia [[electronic resource]] : Sustainable Living through Appropriate Technology |
| Pubbl/distr/stampa | Lexington, : The University Press of Kentucky, 2007 |
| ISBN | 1-283-23308-8 9786613233080 0-8131-7217-9 |
| Descrizione fisica | 1 online resource (453 p.) |
| Altri autori (Persone) | GallimorePaul |
| Disciplina | 728 728.047 |
| Soggetti | Appropriate technology -- Appalachian Region Bioregionalism -- Appalachian Region Environmental protection -- Appalachian Region Green products Sustainable living -- Appalachian Region Appropriate technology - Appalachian Region Sustainable living - Appalachian Region Bioregionalism - Appalachian Region Environmental protection - Appalachian Region |
| Lingua di pubblicazione | Inglese |
| Formato | Materiale a stampa |
| Livello bibliografico | Monografia |
| Note generali | Description based upon print version of record. |
| Nota di contenuto | Front cover; Copyright; Contents; Illustrations; Acknowledgments; Introduction; 1. Solar Photovoltaics; 2. Microhydropower; 3. Wind Power; 4. Wood Heating; 5. Solar Heating Applications; 6. Shade Trees and Windbreaks; 7. Food Preservation; 8. Edible Landscaping; 9. Intensive and Organic Gardening and Orchardng; 10. Regional Heritage Plants; 11. Solar Greenhouses and Season Extenders; 12. Wildlife Habitat Restoration; 13. Nontimber Forest Products; 14. Silvicultural Practices; 15. Wildcrafting; 16. Constructed or Artificial Wetlands; 17. Land Reclamation with Native Species 18. Retreat Cabin Sites 19. Energy-Efficient Passive Solar Design; 20. Natural Cooling; 21. Native Building Materials; 22. Cordwood |

Structures; 23. Yurts in Appalachia; 24. Simple Modes of Transportation; 25. Composting and Vermicomposting; 26. Composting Toilets; 27. Recycled, Salvaged, and Deconstructed Materials; 28. Ponds and Aquaculture; 29. Cisterns and Water Catchments; 30. Irrigation and Water Conservation; Conclusion; Postscript; Resources; Index

Sommario/riassunto

Healing Appalachia is the first book to apply "appropriate technology," or the simplest level of technology that can effectively achieve the desired result, specifically to the Appalachian region. The authors examine thirty low-cost, people-friendly, and environmentally benign appropriate technologies that are concerned with such issues as food preservation, land use, shelter, and transportation. They pay close attention to the practicality of each technique according to affordability, ease of use, and ecological soundness. Details on construction and maintenance and resources for locating
