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| 1. Record Nr.           | UNICAMPANIASUN0036719                                 |
| Titolo                  | Advances in numerical analysis / edited by Will Light |
| Pubbl/distr/stampa      | Oxford : Clarendon                                    |
| Descrizione fisica      | v. ; 24 cm.                                           |
| Disciplina              | 515.45                                                |
| Lingua di pubblicazione | Inglese                                               |
| Formato                 | Materiale a stampa                                    |
| Livello bibliografico   | Monografia                                            |
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| 2. Record Nr.           | UNINA9910778128803321                                                                                                                                                                                  |
| Autore                  | Ford Emily <1979->                                                                                                                                                                                     |
| Titolo                  | What you must think of me [[electronic resource] ] : a firsthand account of one teenager's experience with social anxiety disorder / / Emily Ford ; with Michael R. Liebowitz and Linda Wasmer Andrews |
| Pubbl/distr/stampa      | Oxford ; ; New York, : Oxford University Press, 2007                                                                                                                                                   |
| ISBN                    | 0-19-773731-5<br>1-281-15909-3<br>9786611159092<br>0-19-804268-X<br>1-4294-9195-7                                                                                                                      |
| Descrizione fisica      | 1 online resource (177 p.)                                                                                                                                                                             |
| Collana                 | Adolescent mental health initiative                                                                                                                                                                    |
| Altri autori (Persone)  | LiebowitzMichael R<br>AndrewsLinda Wasmer                                                                                                                                                              |
| Disciplina              | 616.85/22500835                                                                                                                                                                                        |
| Soggetti                | Social phobia in adolescence                                                                                                                                                                           |
| Lingua di pubblicazione | Inglese                                                                                                                                                                                                |
| Formato                 | Materiale a stampa                                                                                                                                                                                     |
| Livello bibliografico   | Monografia                                                                                                                                                                                             |
| Note generali           | "The Annenberg Foundation Trust at Sunnylands; The Annenberg Public Policy Center of the University of Pennsylvania."                                                                                  |
| Nota di bibliografia    | Includes bibliographical references (p. 145-146) and index.                                                                                                                                            |
| Nota di contenuto       | Contents; Foreword; Preface; One: Self-Conscious to the Nth Degree; Two: Moving From Dis-ease to Disease; Three: Not Just Another Shy                                                                  |

Teenager; Four: First Steps Toward Recovery; Five: A Long Road Filled With Potholes; Six: Five Days That Changed My Life; Seven: Making Changes and Sticking to Them; Eight: My Life Today, Your Life Tomorrow; Frequently Asked Questions; Glossary; Resources; Bibliography; Index;

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Sommario/riassunto

1. Introduction to Social Anxiety Disorder. 2. Moving From Dis-ease to Disease. 3. Not Just Another Shy Teenager. 4. The First Step Toward Recovery. 5. A Long Road Filled With Potholes. 6. Five Days That Changed My Life. 7. Making Changes and Sticking to Them. 8. My Life Today, Your Life Tomorrow

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