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Nota di contenuto	Introduction -- Historical paths to healing -- Stories and cures : defining African American folk healing -- Healing, the Black body, and institutional medicine : contexts for crafting wellness -- Healing in place : from past to present -- Today's healing traditions -- Healing and hybridity in the twenty-first century -- Healing the past in the present -- Religion, spirituality, and African American folk healing -- Hoodoo, conjure, and folk healing -- Conclusion.
Sommario/riassunto	Cure a nosebleed by holding a silver quarter on the back of the neck. Treat an earache with sweet oil drops. Wear plant roots to keep from catching colds. Within many African American families, these kinds of practices continue today, woven into the fabric of black culture, often communicated through women. Such folk practices shape the concepts about healing that are diffused throughout African American communities and are expressed in myriad ways, from faith healing to making a mojo. Stephanie Y. Mitchem presents a fascinating study of African American healing. She sheds light on a variety of folk practices and traces their development from the time of slavery through the Great Migrations. She explores how they have continued into the present and their relationship with alternative medicines. Through

conversations with black Americans, she demonstrates how herbs, charms, and rituals continue folk healing performances. Mitchem shows that these practices are not simply about healing; they are linked to expressions of faith, delineating aspects of a holistic epistemology and pointing to disjunctions between African American views of wellness and illness and those of the culture of institutional medicine.
