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post-traumatic stress disorder to multiple events: Working out where to start; Chapter 14 Trauma-focused cognitive therapy in the context of ongoing civil conflict and terrorist violence; Chapter 15 Compassion-focused cognitive therapy for shame-based trauma memories and flashbacks in post-traumatic stress disorder; Chapter 16 Cognitive therapy for survivors of torture  
Chapter 17 The role of narrative exposure therapy in cognitive therapy for traumatized refugees and asylum-seekers  
Chapter 18 Using interpreters in trauma therapy; Index

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Sommario/riassunto

Many people experience traumatic events and whilst some gradually recover from such experiences, others find it more difficult and may seek professional help for a range of problems. A Casebook of Cognitive Therapy for Traumatic Stress Reactions aims to help therapists who may not have an extensive range of clinical experience. The book includes descriptions and case studies of clinical cases of cognitive behavioural treatments involving people who have experienced traumatic events, including: people with phobias, depression and paranoid delusions

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