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Nota di contenuto	Contents; Series Foreword; Preface; Introduction; Timeline; 1. Historical Overview; 2. Major Foods and Ingredients; 3. Cooking; 4. Typical Meals; 5. Eating Out; 6. Special Occasions; 7. Diet and Health; Glossary; Resource Guide; Selected Bibliography; Index
Sommario/riassunto	Belgian food and drink, often overshadowed by the those of powerhouse neighbors France and Germany, receive much deserved attention in this thorough overview, the most comprehensive available in English. Belgian waffles, chocolate, and beer are renowned, but Food Culture in Belgium opens up the entire food culture spectrum and reveals Belgian food habits today and yesterday. Students and food mavens learn about the question of Belgianness in discussions of the foodways of distinct regions of Flanders, Wallonia, and Brussels. Packed with daily life insight, consumption statistics, and trends ga