

1. Record Nr.	UNINA9910777891703321
Titolo	Anger-related disorders [[electronic resource]] : a practitioner's guide to comparative treatments / / Eva L. Feindler, editor
Pubbl/distr/stampa	New York, N.Y., : Springer, c2006
ISBN	1-280-74471-5 9786610744718 0-8261-4047-5
Descrizione fisica	1 online resource (398 p.)
Collana	Springer series on comparative treatments for psychological disorders
Altri autori (Persone)	FeindlerEva L
Disciplina	616.89142
Soggetti	Anger - Treatment Psychotherapy
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references and index.
Nota di contenuto	Cover; TOC Contents; Contributors; Series Editor's Note; Acknowledgments; Foreword; Questions for Contributors; CH Chapter 1 Anger-Related Disorders: Basic Issues, Models, and Diagnostic Considerations; CH Chapter 2 The Case of Anthony; CH Chapter 3 Evidence for Effective Treatment of Anger-Related Disorders; CH Chapter 4 Cultural and Gender Considerations in the Assessment and Treatment of Anger-Related Disorders; CH Chapter 5 Psychoanalytic Treatment of Anger and Aggression CH Chapter 6 Anger Management for Adults: A Menu-Driven Cognitive-Behavioral Approach to the Treatment of Anger Disorders CH Chapter 7 Dialectical Behavior Therapy for Anger-Related Disorders; CH Chapter 8 Couples and Family Treatment of Anger Difficulties; CH Chapter 9 Psychopharmacological Considerations in Anger Management; CH Chapter 10 Emotion-Focused Therapy for Anger; CH Chapter 11 Treating Anger with Wisdom and Compassion: A Buddhist Approach; CH Chapter 12 An Adlerian Approach to the Treatment of Anger Disorders CH Chapter 13 Assimilative Psychodynamic Psychotherapy: An Integrative Approach to Anger Disorders CH Chapter 14 Multiple Perspectives on the Conceptualization and Treatment of Anger-Related Disorders; Appendix A Comparative Treatments of Anger-Related

Sommario/riassunto

In this ground-breaking exploration, Eva Fiendler investigates how and why anger is viewed as a secondary emotion by most clinical theories and practitioners and seeks to answer the following questions: \* What are anger-related disorders? \* What do they have in common and how are they different? \* How do we treat the various anger-related disorders? Drawing on one case study, top-notch contributors each present a different method of treatment for anger related disorders. By taking in to consideration the variety of perspectives and treatments available for anger related disorders, this book pr