

1. Record Nr.	UNINA9910455885803321
Autore	Lewis Adrian R
Titolo	Omaha Beach [[electronic resource] ] : a flawed victory / / Adrian R. Lewis
Pubbl/distr/stampa	Chapel Hill, : University of North Carolina Press, c2001
ISBN	0-8078-6258-4
Descrizione fisica	1 online resource (395 p.)
Disciplina	940.54/21421
Soggetti	Operation Neptune World War, 1939-1945 - Campaigns - France - Normandy Electronic books. Normandy (France) History, Military 20th century
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. [355]-367) and index.
Nota di contenuto	Contents; Illustrations; Acknowledgments; Abbreviations; Introduction; 1. The Battle for Omaha Beach; 2. Amphibious Doctrine: The British and American Visions; 3. Joint and Combined Amphibious Doctrine; 4. The British Vision for the Invasion of Europe; 5. The Montgomery Plan; 6. The American Vision for the Invasion of Europe; 7. Obstacle and Minefield Clearance Plan; 8. The Joint Fire Plan; 9. The 1st Infantry Division's Battle Plan; Epilogue: The Question of American Military Skill; Notes; Selected Bibliography; Index;
Sommario/riassunto	Lewis's assessment of the 1944 Allied invasion of Normandy traces the doctrine behind the operation, and argues that whilst the blame for the disastrous losses traditionally lay with leaders at the site, responsibility belonged to higher levels of operations and strategy planning.

2. Record Nr.	UNINA9910777793903321
Autore	Daley Dennis C
Titolo	Overcoming Your Alcohol or Drug Problem [[electronic resource]] : Effective Recovery Strategies Therapist Guide
Pubbl/distr/stampa	New York ; ; Oxford, : Oxford University Press, 2006
ISBN	0-19-024219-1 1-280-84662-3 0-19-804202-7 1-4294-2078-2
Edizione	[2nd ed.]
Descrizione fisica	1 online resource (232 p.)
Collana	Treatments that work Overcoming your alcohol or drug problem
Altri autori (Persone)	MarlattG. Alan
Disciplina	616.8606 616.8914
Soggetti	Recovering addicts Substance abuse Substance abuse - Treatment Substance abuse - Counseling of Substance-Related Disorders Mental Disorders Diseases Social Welfare & Social Work - General Social Welfare & Social Work Social Sciences
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references.
Nota di contenuto	Contents; Overview of Substance Use Problems and Assessment; Chapter 1 Introductory Information for Therapists; Chapter 2 Understanding Substance Use Problems; Chapter 3 Assessment of Substance Use Problems; Treatment Settings and Approaches; Chapter 4 Treatment Settings for Substance Use Problems; Chapter 5 Psychosocial Therapies for Substance Use Disorders; Chapter 6 Medications for Substance Use Problems; Change Issues and Strategies; Chapter 7 Stages of Change and Using Therapy or Counseling; Chapter 8 Goal Planning in Recovery; Chapter 9 Managing Cravings and Urges

## to Use Substances

Chapter 10 Managing Thoughts of Using Substances  
Chapter 11 Managing Emotions; Chapter 12 Refusing Offers to Use Substances;  
Chapter 13 Dealing With Family and Interpersonal Problems; Chapter 14 Building a Recovery Support System; Chapter 15 Self-Help Programs and Recovery Clubs; Assessing and Treating Co-occurring Psychiatric Disorders; Chapter 16 Assessment of Co-occurring Psychiatric Disorders; Chapter 17 Treatment of Co-occurring Psychiatric Disorders; Relapse Prevention and Progress Measurement; Chapter 18 Reducing the Risk of Relapse; Chapter 19 Relapse Management  
Chapter 20 Strategies for Balanced Living  
Chapter 21 Measuring Progress; Appendix: Helpful Resources; References and Suggested Readings; About the Authors

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### Sommario/riassunto

Designed to accompany the ""Overcoming Your Alcohol or Drug Problem Workbook"", this guide provides clinicians with strategies for working with substance use disorders by focusing on specific issues involved in both stopping substance abuse and changing behaviours or lifestyle aspects that contribute to continued substance abuse.

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