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Titolo	Attention deficit disorder [[electronic resource]] : the unfocused mind in children and adults / / Thomas E. Brown
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Descrizione fisica	xxi, 360 p. : ill
Collana	Yale University Press health & wellness
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Soggetti	Attention-deficit disorder in adults Attention-deficit hyperactivity disorder
Lingua di pubblicazione	Inglese
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Nota di bibliografia	Includes bibliographical references (p. 323-348) and index.
Nota di contenuto	Misconceptions about focus and willpower -- Six aspects of a complex syndrome -- ADD syndrome and the working brain -- Childhood: struggling with self-management -- Adolescence: greater independence brings new challenges -- Adulthood: managing responsibilities, finding a niche -- How ADD syndrome differs from normal inattention -- Disorders that may accompany ADD syndrome -- Medications and other treatments -- Fears, prejudices, and realistic hope.