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Nota di contenuto	Part One. Struggle -- Warriors of the fortress of faith -- The tennis champion of Darjeeling -- The dharma beatniks and the island of the dead -- All tsampa eaters must stand together -- The Dalai Lama's great escape -- Eisenhower expands the covert war -- Hearts and minds -- America's secret Bay of Pigs -- Part Two. Resilience -- Wheels within wheels -- Cultural revolutions -- Nixon embraces China -- Counterculture to the rescue -- Part Three. Hope -- The Dalai Lama finds a middle way -- The 1990s: the Tibetan movement goes global -- The Tibetan national uprising of 2008 -- The last Dalai Lama? -- What is to be done to free Tibet?
Sommario/riassunto	The rich, epic, and harrowing story of one country's unrelenting fight for autonomy.