

1. Record Nr.	UNINA9910777694203321
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Titolo	Gardens of New Spain : how Mediterranean plants and foods changed America / / by William W. Dunmire ; illustrated by Evangeline L. Dunmire
Pubbl/distr/stampa	Austin, : University of Texas Press, 2004
ISBN	0-292-79731-1
Edizione	[1st ed.]
Descrizione fisica	1 online resource (396 p.)
Classificazione	NN 1710
Disciplina	630/.972
Soggetti	Agriculture - New Spain - History Food crops - New Spain - History Indians of North America - Ethnobotany - Southwest, New New Spain History
Lingua di pubblicazione	Inglese
Formato	Materiale a stampa
Livello bibliografico	Monografia
Note generali	Description based upon print version of record.
Nota di bibliografia	Includes bibliographical references (p. 343-362).
Nota di contenuto	Frontmatter -- Contents -- List of Tables -- List of Maps -- Preface -- Prologue -- Chapter 1 Pre-Columbian Spain—The Full Hourglass -- Chapter 2 Mexico before Columbus -- Chapter 3 Pre-Columbian Agriculture in the American Southwest -- Chapter 4 European Plantways to the New World: 1492–1521 -- Chapter 5 Old World Agriculture Comes to the Mexican Mainland -- Chapter 6 Spanish Trade, Technology, and Livestock -- Chapter 7 New Mexico's First Mediterranean Gardens -- Chapter 8 Into Sonora and Arizona -- Chapter 9 The Corridor into Texas -- Chapter 10 Hispanic Farmers Return to New Mexico -- Chapter 11 Mediterranean Connections to Florida and California -- Epilogue -- Appendix: Master Plant List -- Glossary -- Sources -- Selected Bibliography -- Index
Sommario/riassunto	When the Spanish began colonizing the Americas in the late fifteenth and sixteenth centuries, they brought with them the plants and foods of their homeland--wheat, melons, grapes, vegetables, and every kind of Mediterranean fruit. Missionaries and colonists introduced these plants to the native peoples of Mexico and the American Southwest, where they became staple crops alongside the corn, beans, and squash that had traditionally sustained the original Americans. This

intermingling of Old and New World plants and foods was one of the most significant fusions in the history of international cuisine and gave rise to many of the foods that we so enjoy today. Gardens of New Spain tells the fascinating story of the diffusion of plants, gardens, agriculture, and cuisine from late medieval Spain to the colonial frontier of Hispanic America. Beginning in the Old World, William Dunmire describes how Spain came to adopt plants and their foods from the Fertile Crescent, Asia, and Africa. Crossing the Atlantic, he first examines the agricultural scene of Pre-Columbian Mexico and the Southwest. Then he traces the spread of plants and foods introduced from the Mediterranean to Spain's settlements in Mexico, New Mexico, Arizona, Texas, and California. In lively prose, Dunmire tells stories of the settlers, missionaries, and natives who blended their growing and eating practices into regional plantways and cuisines that live on today in every corner of America.

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