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developmental model of dramatherapy; A DEFINITION; CREATIVE DEVELOPMENT BEGINS WITH PLAY; Embodiment play; Projective play; Role-play; THE DRAMATIC METAPHOR
DEVELOPMENTAL PSYCHOLOGY THEORIES OF DEVELOPMENTAL STAGES; Jean Piaget: a theory of cognitive stages; Erik Erikson: a theory of emotional stages; PROCESSES ENCOUNTERED IN THE DEVELOPMENTAL MODEL OF DRAMATHERAPY; Living in and out of time; Dramatic fiction; Playfulness; Structure; PROCESS IN A DRAMATHERAPY SESSION; The warm-up; Development phase; Closure; TRANSITIONS; THE JOURNEY; REFERENCES; Chapter 3 The theatre of self-expression; PROLOGUE; ACT ONE; Scene one: dramatherapy with elderly day-patients; Scene two: dramatherapy with elderly in-patients
Scene three: dramatherapy rehabilitation groups ACT TWO; Scene one: dramatherapy groups with acute in-patients; Scene two: intensive dramatherapy with acute in-patients; ACT THREE; Scene one: dramatherapy with out-patient groups; Building an ensemble; Work on personal theatre 'plays'; Transformation rituals; The composition of a collective piece of ritual theatre; Scene two: therapeutic theatre with out-patients; Theatre workshop; Rehearsals; Performance; Post-production meeting; Therapeutic objectives; Scene three: individual dramatherapy with out-patients; EPILOGUE; NOTES; REFERENCES
Chapter 4 An integrated model of dramatherapy and its application with adults with learning disabilities INTRODUCTION; SETTING THE SCENE; The institution as community; The relationship between the environment of the dramatherapy studio and the unit as a whole; Setting up a dramatherapy studio; AN INTEGRATED MODEL; The integrated model and dramatherapy with individuals; MOVING INTO ACTION: CHECKING IN; Concretisation; The use of props; TAKING OFF; The origin of the material; FLYING HIGH; Props; Pictures; Discussion; The value of improvisation; Physical realities; Past experiences
Current lifestyle

Sommario/riassunto

Dramatherapy is being increasingly practised in a range of therapeutic settings and is of growing interest to theatre practitioners and teachers. The Handbook of Dramatherapy brings together five authors who have considerable experience of clinical, artistic and educational work to provide an easy-to-read introduction to the major models of dramatherapy. The authors explain the differences between dramatherapy and psychodrama, discuss its relationship with theatre art, look at assessment and evaluation techniques, and argue the need for more appropriate methods of research for this in
