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| Descrizione fisica      | 1 online resource (235 p.)   |
| Altri autori (Persone)  | GossStephen <1966-><br>RowlandNancy <1954->  |
| Disciplina              | 362.2/0941   |
| Soggetti                | Psychotherapy - Outcome assessment - Great Britain<br>Mental health policy - Great Britain<br>Evidence-based medicine - Great Britain<br>National health services - Great Britain - Administration   |
| Lingua di pubblicazione | Inglese  |
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| Note generali           | Description based upon print version of record.  |
| Nota di bibliografia    | Includes bibliographical references and index.   |
| Nota di contenuto       | Cover; Evidence-Based Counselling and Psychological Therapies; Copyright; Contents; Boxes; Tables; Contributors; Preface; Part 1: What is evidence-based health care?; 1. Evidence-based psychological therapies; 2. The drive towards evidence-based health care; 3. Towards evidence-based health care; 4. Economics issues; 5. Evidence-based psychotherapy: an overview; Part 2: Generating the evidence; 6. Randomised controlled trials and the evaluation of psychological therapy; 7. The contribution of qualitative research to evidence-based counselling and psychotherapy<br>8. Rigour and relevance: the role of practice-based evidence in the psychological therapies Part 3: Synthesising the evidence; 9. Systematic reviews in mental health; 10. Clinical practice guidelines development in evidence-based psychotherapy; 11. Getting evidence into practice; Index |

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Sommario/riassunto

Assesses the impact of the international drive towards evidence-based health care on NHS policy and the provision of the psychological services in the NHS.

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