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Titolo	How to get a good degree [[electronic resource] ] : making the most of your time at university // Phil Race
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Edizione	[2nd ed.]
Descrizione fisica	1 online resource (288 p.)
Collana	Open up study skills
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Nota di contenuto	Front cover; Half title; Title Page; Copyright; Dedication; Contents; List of figures and tables; Preface: background to this book; Acknowledgements; Introduction; Chapter 1: Why aim for a good degree?; Chapter 2: Making the most of your course; Chapter 3: Building on feedback; Chapter 4: Making the most of your learning environment; Chapter 5: Looking after yourself; Chapter 6: Going for gold in assessed coursework; 7 Aiming high in revision and exams; References and further reading; Index; Back cover
Sommario/riassunto	Offers students with techniques for making the most of their contact time whilst at university, as well as advice on how to do well with coursework, projects, presentations, vivas, exams and in a variety of other academic situations. This book also explores issues outside of academic study such as stress, lifestyle and extra-curricular activities.