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Nota di contenuto	1. The Role of Patient-centered and Recovery-oriented Models in Medicine: An Introduction -- Section 1: Clinical concepts and methods in psychosomatic medicine -- 2. Psychosomatic and biopsychosocial medicine: body-mind relationship, its roots and current challenges -- 3. Psychosomatic and Person-centered Medicine -- 4. Screening for psychosocial distress and psychiatric disorders in medicine: from concepts to evidence -- 5. Clinimetric assessment in psychosomatic medicine -- Section 2: The clinical contexts of psychosomatic medicine -- 6. Dignity Conserving Care in Medicine -- 7. Cross-cultural issues -- 8. Prevention in Psychosomatic c Medical Care and Rehabilitation -- 9. Communication and Relational Skills in Medicine -- 10. Somatic Health Issues in Trauma-related disorders: Effects on Psychobiological Axes Affecting Mental and Physical Health -- 11. Implementing Psychiatric Rehabilitation in the Mental Health System Services: From Theory to Practice -- 12. Rehabilitation-Oriented Treatment and Care in Psychosomatic Medicine Under a Lifespan Perspective -- 13. A Psychosomatic Approach of Anorexia Nervosa -- Section 3: Integrated intervention -- 14. The role of integrated interventions in

psychosomatic diseases -- 15. Ethical Counselling for a Patient-Centred Approach in the Context of Psychosomatic Medicine -- 16. Organization of Psychosomatic Service in Health Systems – the German Perspective -- 17 Training in Consultation-Liaison Psychiatry and Psychosomatic Medicine.

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#### Sommario/riassunto

This book offers a resource to aid in implementing psychosocial screening, assessment, and consequently integrating prevention, care and treatment (i.e. pharmacological, psychosocial rehabilitation and psychotherapeutic) in medicine. It is becoming increasingly recognized that one method of combating spiraling health care costs in developed nations is to integrate psychiatric care into medicine including primary care settings. This volume reviews the main issues relative to the paradigm of a person-centered and recovery-oriented approach that should imbue all medical areas and specialties. It proposes integration methods in screening and assessment, clinimetric approach, dignity conserving care, cross-cultural and ethical aspects, treatment and training as a basic and mandatory need of a whole psychosomatic approach bridging the several specialties in medicine. As such, the book addresses a topic that all physicians, including primary care and psychiatric professionals in a wide variety of mental health settings are currently discussing, planning and preoccupied with, namely the task of integrating mental health into all the medical fields, including primary care, cardiology, psychiatry, oncology and so on. .

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